

## PHYSICAL & SPIRITUAL

1-29-17

HH) (He had me place my palms together and extended high above my head.)

Physical and Spiritual now joined; Physical and Spiritual eyes now joined; working in tandem;

2-01-17

HH) (I saw DDR. *It was darker on the left side.*) yes, your physical coming into alignment with the spiritual; (Be it so, Father, as You showed me w/ANJ, Be it so.) take not lightly; *serious, serious step;*

2-03-17

HH) keep your physical tied closely to Our spiritual;

2-12-17

HH) invoke; My spiritual growth in you; *yes, by Power and Authority;*

2-13-17

HP) *High and lifted up are My Chosen;* soon visible to many; be ready physically and spiritually; *horizon closer; be ready*

3-25-17

HP) settle it; settle all matters within your being; (did) so be it; now and forever more;

HH) envelop My Principles into your being; into every part of your being; (w/WNJ I envelop the Principles of Almighty God into every part of my being. I saw a deep, deep red vertical rectangle.) DDDRT (*His thumb took up almost half of the rectangle.*) yes, I am so committed;

5-13-17

HP) Savor My truths; allow them to feed your souls; (did w/ANJ) cherish this knowledge; yes, that ye grow healthy spiritually and physically;