



Lesson 111 Speak in the positive

11/02/12 MEETING:

CT – Push back, push distractions away, don't claim them, only claim Me. Speak in the positive. Remember that your words are very important. This is a lesson that must be learned. Calculate the cost of a misspoken word. Meditate on this and then choose your words wisely.

Hysteric, histrionics are coming but you must be calm and assured even at peace because of My presence, My assurance, My protections, My promises. Reflect My peace, My calm, My comfort, reflect these and choose your words wisely. These actions will speak volumes to those in need of Me. That is all for now. Go in peace. I love you!

Claim Me

This week the Lord put it in my heart to prepare the lesson from the words received on November the 2nd. On that day He spoke of eliminating distractions. He told us that we were not to claim them. But what exactly does that mean to claim something? Well in the dictionary claim is defined as:

- a demand for something as due
- an assertion of something as a fact
- a right or title to something

Basically, what the dictionary is saying is that when you claim something you are declaring ownership of it. If a person claims that they are honorable. Then they are taking ownership of honor. Likewise if a person claims that they are afraid, then they are taking ownership of fear. Thus when the Lord says, Push back, push distractions away, don't claim them, only claim Me. What He is saying is don't take ownership of distractions but instead take ownership of your relationship with Him, claim Him.

But as important at that lesson is, I think an equally important part of what the Lord is teaching us here is actually, about the power of our own words. Because you see, with our words, we are taking ownership of whatever we are speaking. We are declaring ownership of "it" with the words themselves. For example, if we are cursing we are claiming, or taking ownership, of profanity. Likewise if we are being lewd, then we are taking ownership of, lustful behavior or lustful thoughts. For this reason, the words we choose, whether speaking of the Lord or of daily matters, the words we choose are very important. And this is what we will be focusing on today. Because in many ways and on many occasions the Lord has been teaching us this lesson:

08/10/12 MVA - I give understanding in My time for My purpose. Proclaim understanding given. (i.e. declare, take ownership, of understanding)

08/30/12 DP - Prepare, this is My message to you, for out of the abundance of the heart so you will speak, speak My truth let it engulf you, speak My truth and only My truth. What He is

saying is that, words have power, they make it happen, speak it and it is so. They will swallow you up, they will just as He said, they will **engulf you**.

Matthew 15:17-20 *“Do you not yet understand that whatever enters the mouth goes into the stomach and is eliminated? But those things which proceed out of the mouth come from the heart, and they defile a man. For out of the heart proceed evil thoughts, murders, adulteries, fornications, thefts, false witness, blasphemies. These are the things which defile a man, but to eat with unwashed hands does not defile a man.”*

James 3:6 *And the tongue is a fire, a world of iniquity. The tongue is so set among our members that it defiles the whole body, and sets on fire the course of nature; and it is set on fire by hell.*

The tongue defiles the whole body because with it we take ownership of what is being spoken. Therefore, as we move through this process of refinement, I believe, what the Lord is teaching us here is that He wants us to be fully aware not only of what is in our heart but also of what comes from our mouth because our words have power. And it is a power that can capture us from within.

Thus we have learned that when we speak we are actually taking ownership of what is being spoken. This is why repeat after me prayers do not work, because we have no ownership of those words. We are just repeating what another has spoken.

In this section we have learned that the words a person chooses to speak will affect them. They will affect them on a personal level. They may affect your mood. They may affect your disposition. They may help to make you more conceited or they can help to make you humble. There are many different ways in which they can affect you but you can be assured that they will affect you in one way or another. The point here is that the spoken word has power, and it is a power that can *defile the whole body*.

Speak in the Positive

So the Lord is teaching us to think before we speak. He is teaching us to choose our words more wisely. However, the lesson does not stop here because the Lord added this to His message, **Speak in the positive. Remember that your words are very important. This is a lesson that must be learned.**

It is a lesson, in truth, that He has been teaching us through our dreams as well:

10/11/12 MVA Dream - Was on like a school campus or area with a lot of students, we were in a dining area that was part under a covered area, part outside in a uncovered area, like a café-type cafeteria area with tables to sit and eat at. I was sitting in the covered area at a table with a young lady eating with a plate in front of me. There were some students who were coming out of the building or the inside part of the cafeteria that had some shelves that they were passing by. The students were college age and they were either in film or going to be playing parts in film.

There was one young Jewish man who had long hair walking out of the inside area **talking with some others** about some movies they had already been in. **The young Jewish man was very laid back and calm like things didn't bother him.** Everyone seemed to be focused on the young Jewish man saying what a good job he had done in the part that he played in the movie.

The young lady who was sitting across from me at the table asked if she could have part of the dessert that was on my plate I said sure and she reached over and cut part of a chocolate dessert with vanilla ice cream and put it on her plate. I had other food on my plate I was eating first before the dessert. Everyone was white and it was sunny outside.

In this dream, we were told that the young Jewish man's demeanor was laid back and calm, but how was this determined? Yes, you could say it was determined by his facial expressions, his behavior, his deportment but I believe it was also determined by the way he was **talking with others**. You see through this dream the Lord is once again teaching us the power of words. Our words leave an impression on others. It is an impression of who we are as a person. In this dream the Jewish man left a positive impression on others. He seemed laid back and calm. Part of this impression of him came from the words He was speaking to others. He could have spoken words of hatred or He could have spoken words of contempt but He did not speak in this manner. This young Jewish man chose to leave a positive impression.

And here is another dream which further illustrates this point.

11/03/12 MVA Dream -Was on the phone with a man. He was helping me telling me about what to do but I kept getting interrupted. He was very knowledgeable and was telling me all things. I was running around in a house trying to get away from all the noise so I could hear him. I was in a room and some people were talking then I went into another room and a dog was barking then in another and kids were there. I was being interrupted while trying to hear the man. The phone was like a radio house phone and I set it on something on the ground while I was outside in a line for something. **I got impatient and said something to the people like "Come on!" Then I realized the phone was on, with the man still on it, knowing he heard it all. I picked up the phone and was so embarrassed and apologized saying I don't know why I did that that's not like me to lose it.**

Then I was still looking for a quiet place to talk to him. I was in a hallway opening and closing different room doors looking for a room that was quite. They all had noise in them from people and things of the world. Then I was at another part of the house and there was a person possibly handicap talking about how he likes to sit in a certain chair because it is so comfortable and flexible. It was a brown sofa chair with a table attached to the right side of it. It was something like a hammock chair possibly made of leather and was wide. There was some doctors talking with the man and his family. I was watching them listening to them talk.

Then I was still looking to find a quiet area to talk with the man who was still on the phone or cell phone. **He was on the phone the entire time even when I had the phone in my back pocket and would do something embarrassing or unkind he would hear. I was so embarrassed at my behavior when I was unkind, short with someone, impatient or lose it and would apologize knowing he heard.** Every place in the house had noise and even when I went in a room that I thought was quiet I could hear noise from an adjacent room. At one point I also heard BB? and another man on the phone where the man I was talking to was. Then I dropped the cell phone on the ground and the battery fell out. I was on my knees and was trying to put it back together. There were several silver pieces a ball, cylinder and rod that looked like a picture from a geometry math book. **The man was very calm and spoke very softly.**

I love how the Lord used this dream to illustrate that *those things which proceed out of the mouth come from the heart, and they defile a man*. The Lord really could not have better illustrated this verse than the picture He painted through this dream. When the words, **"Come on!"** were uttered from the man's mouth, he at that moment was declaring ownership of his

impatience not only to those around him but to the “man on the phone” as well. And his utterance of **"Come on!"** advanced the fire of impatience within himself. At this moment, those things within the man’s heart, his impatient attitude, his lack of kindness, these things were defiling him. Yes, they were already present but as said previously, the mere utterance of them advanced, fueled the fire of impatience that was already within himself. His words came from his heart and they subsequently proceeded forth from his mouth in an unflattering way, a way that did not reflect his relationship with Christ. His words had power and they more than likely left an unfavorable impression of him, an impression that could affect his witness.

The Lord has reinforced these points through these words:

09/23/12 DP - **Do not speak without love, words are not for condemning but for building up, build wisely. Love is truth inseparable in My Kingdom, be composed, not contentious, I uproot but also replant with good seed, walk in My ways,**

09/27/12 DP - **Be careful how you speak much damage done with the tongue govern accordingly.**

10/19/12 BN – **Focus...turn...discipline...obedience...love Me...let it show, Boldly proclaim your faith...your relationship with Me.**

We are to speak in the positive, because in the positive, we are **building up**. We are **building up** our heart. We are building up our faith. We are building up the faith of others. We are helping others to overcome. We are giving off positive ownership. But most importantly, we are speaking in the positive because we want to be obedient unto the Lord and it was the Lord who said, **Do not speak without love, words are not for condemning but for building up, build wisely.** And He said, **Speak in the positive. Remember that your words are very important. This is a lesson that must be learned.**

Proverbs 12:18 *There is one who speaks like the piercings of a sword, but the tongue of the wise promotes health.*

1 Thessalonians 5:11 *Therefore, encourage each other, and build each other up—just as you are doing. CJB*

Calculate the Cost

Thus far the Lord has taught us that our words have power. They affect not only the one they are spoken to but they also affect the person who is saying them. We learned that this comes from the fact that the delivery of words denotes ownership. Consequently, the Lord wants us to be more cognizant of the power that is held within them. There is a cost associated with the delivery of a poorly chosen word. And it was this cost that He spoke of on 11/02/12 when He said, **Calculate the cost of a misspoken word. Meditate on this and then choose your words wisely.** This same type of encouragement can be found similarly in this:

Ephesians 4:29 *Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.*

It is said like this in the Complete Jewish Bible:

Ephesians 4:29 *Let no harmful language come from your mouth, only good words that are helpful in meeting the need, words that will benefit those who hear them.*

In the verse above the word **Edification** was used. **Edification means the state of being uplifted; moral improvement or guidance.** Therefore in this verse the Lord continues to emphasize the importance of refining our speech patterns. He does this because He fully understands **the cost of a misspoken word.** For example, have you ever met some one with low self-esteem? Or have you ever met a verbally abused person? Have you seen the emotional pain and mental anguish it created. And even more importantly, have you ever met a person who was led astray by a misspoken word concerning the Lord? All of these scenarios have consequences. And they can have consequences that affect a person's eternity. This is why, this is why, it is so very important to **choose your words wisely.**

Proverbs 18:21 *Death and life are in the power of the tongue, and those who love it will eat its fruit.*

Proverbs 21:23 *Whoever guards his mouth and tongue keeps himself out of trouble. CJB*

And Jesus had this to say about the words we choose to speak. He said it in,

Matthew 12:36-37 *“But I say to you that for every idle word men may speak, they will give account of it in the day of judgment. For by your words you will be justified, and by your words you will be condemned.”*

And in the past He has said this,

01/05/12 DP - **Speak life and it is so, begin to speak outloud. (Spoke many things). That is enough. It is so, just as you have spoken it shall be.** The time is now move forward, be My vessel I can use. I anoint you to use. Believe all that I say it is so.

06/11/12 DP - **My words are life to the obedient and death to the sinner, by words I build and destroy, Choose your words wisely; powerful they are when spoken.** Speak peace to your brothers and sisters called by My name.

Hence, as we speak we must calculate the cost of the words we are speaking. Will they build one up for their edification or will they cut a person down? And finally remember this,

Proverbs 15:1 *A gentle response deflects fury, but a harsh word makes temper rise, the tongue of the wise presets knowledge well, but the mouth of a fool spews out folly.*

Meditate on this and then choose your words wisely.

At Peace

With each passing day it seems that the world gets crazier and crazier. Financial markets are not stable, governments are persecuting even killing members of their own party, the earth's climate is changing, and it even seems as if the very foundation of the earth is moving, shaking, causing earthquakes and tsunami's. The Lord said that:

11/02/12 CT - **Hysteric, histrionics are coming but you must be calm and assured even at peace because of My presence, My assurance, My protections, My promises. Reflect My peace, My calm, My comfort, reflect these and choose your words wisely.** These actions will speak volumes to those in need of Me.

This is the picture that I believe the Lord has been slowly painting in this lesson. He understands what is to come. He understands how man will react. He understands the importance of His children reflecting Him. I believe this is part of why He has encouraged us to choose our words wisely. Yes, we want to make a positive impression on others. Yes, we want to build them up not cut them down. Yes, we want to help others through difficult situations but I believe the reason He wants us to do this is because it is what the world is going to need in the difficult times ahead.

As I was reading in the book of Luke, I came across this verse:

Luke 4:22 *So all bore witness to Him, and marveled at the gracious words which proceeded out of His mouth.*

Our Lord Jesus understands the importance of choosing your words wisely. He was reported as one who spoke with grace. He wants us to speak positive words of encouragement, positive words of faith that we might pass these on to other during the troubling times ahead. And yes He wants us to speak with grace as well.

Jesus was facing His crucifixion yet He still spoke with grace. It was a difficult time ahead for Him. Yet He still spoke with grace. We should speak with grace as well even when our time of **Hysteric, histrionics are coming**. He said that, at that time, we must **be calm and assured even at peace**. We should be calm, assured and at peace, speaking with grace **because of His presence**, His **assurance**, His **protections**, His **promises**. Others will see this in you. This is part of taking ownership in our relationship with Him.

Yes, The Lord understands the importance of taking ownership of our relationship with Him. He understands the importance of declaring it to be so. This is why our actions and our words are so important at this time.

The Lord also has said this:

02/18/12 MVA - Kingdom preparation for My Kingdom has begun in your life and others. Re-training in My Kingdom ways-necessary. Purpose Kingdom purpose. Acts, refinement, perfecting important. Purity in all motive. Kindness show always. Reflection of your God Jesus be. Shine brightly. Door Post. Reach people bring through. Calamity imminent, unknown to world, revealed to My Beloved. Purpose testimony, Glory to your God Jesus.

04/19/12 SN - Use your knowledge in a positive direction. Control your impulses. Use your strength to pursue righteousness, gain nothing for yourself, I will supply your need. Go out amongst them, bring them My love. Carry on the torch.

05/25/12 SN - Go forth into the world, Proclaim the good news.

06/30/12 SN - Teach others what you know, Be/remain humble, With gladness, Choose us, Go and speak to the nations proclaiming "Great is the Holy One of Israel", Constant, Seek purification on all levels, Not just one or two.

08/11/12 MVA - Walk in hope and joy. Spread hope and joy. Reflection be of your God Jesus. Refinement is beneficial to you and those around you. Stay focused walking with your God Jesus.

11/02/12 DP - Testify of Me share what I have done for you, be not ashamed.

11/06/12 BN - Come before Me, Rise up, Share My message in ways people can understand...but be certain not to distort it.

11/07/12 BT – Meet with Me. It is so very important for our relationship. We become more intimate through meeting. Settle in. Silence is key. Speak with others, teach. Change is on

the horizon. It will be upon you before you know it. Stay close to Me. Stay focused on Me. This is how you survive.

Summation

As we proceed through the days that are ahead, the Lord is encouraging us to be ever mindful of the words we choose. He understands that it takes focus and even meditation. He understands how our words and actions are connected. He understands how they affect us personally and how they affect others as well.

This week He taught us about ownership and how we claim what we speak. We claim them through the very power that is in the spoken word. This is why we have to focus and meditate.

He asked us to calculate the cost of what is being said and how it affects others. Therefore as we go forth, let us keep this lesson from Him, in our mind as a help and as a guide for us. And remember this,

05/26/12 DP - Focus is key relay all I speak to you.

10/31/12 DP - Many are offended at My word do not be concerned with that. Focus your mind on what I AM revealing a focused mind is not easily broken.

10/31/12 SN - Tell others the truth, When others see you walking where I walk...then they will know.

11/05/12 BN - Remember Me, Take rest and hope in Me, Hope eternal, Love Me in all, Remember...since you have professed My name...you are always reflecting on Me...whether good or bad.

12/20/11 DP – Begin to believe and speak things into existence. I put power in your tongue to do so. Follow My commands, I AM in charge. Your will must be My will, only then are we in unison. Your mind is capable of great feats bring it into subjection. Be in control. Yield it to Me.

So let's close by reviewing the words the Lord gave which prompted this lesson and they were:

CT – Push back, push distractions away, don't claim them, only claim Me. Speak in the positive. Remember that your words are very important. This is a lesson that must be learned. Calculate the cost of a misspoken word. Meditate on this and then choose your words wisely.

Hysteric, histrionics are coming but you must be calm and assured even at peace because of My presence, My assurance, My protections, My promises. Reflect My peace, My calm, My comfort, reflect these and choose your words wisely. These actions will speak volumes to those in need of Me. That is all for now. Go in peace. I love you!

And one final note from this week:

10/31/12 BT - Study the kingdom, study My ways. Power is given when you are ready. There is much to be done in a short time. The enemy would have you give up. Now is the time to focus and press onward. Make yourselves ready for any good work. Now is the time to fight the good fight. Don't let the enemy discourage you. He would have you believe it is hopeless. It is not hopeless. All is going as planned. Ready yourselves. Get into position. The Day of the Lord is close at hand. Victory is ours.

Let us therefore remember that it is the Lord who is preparing us. It is the Lord who is at hand. May He Bless and Keep each one of us as we go forth preparing for what lies ahead.

God Bless You,
Cindy

<http://www.takehisheart.com>